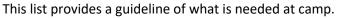
CLOTHING AND EQUIPMENT LIST





2 duffles per person are permitted. No trunks or suitcases.

It is essential to attach nametapes to every article of clothing, bedding and equipment (each sock individually). Care should be taken to see that nametapes are wash proof and very securely ironed or sewn on. Mark all footwear and equipment. Labelling everything is ESSENTIAL.

CLOTHING					
 12 short sleeve T-shirts 5 long sleeve T-shirts 5 sweatshirts 5 pairs long pants (jeans or sweats) 6 pairs shorts 	 □ 14 pairs underwear □ 14 pairs socks □ 2 white T-shirts □ 4 swimsuits □ 4 pairs pyjamas □ 1 bathrobe 	2 pairs runi 1 pair rubb 2 pairs slide flops 1 light weig 1 warm jace 1 raincoat	er boots es/flip ght jacket	2-3 hats/ball caps 1 pair old running shoes for the canoe trip and programs such as Tough Mudder	
BEDDING					
☐ 4 sheets (2 flat, 2 fitted) for ☐ 3 blanket a single bed		R a comforter			
TOILETRY ITEMS					
 ☐ 6 large towels ☐ 1 laundry bag ☐ 2 toothbrushes ☐ 2 tubes of toothpaste ☐ 1 plastic be items ☐ 1 hairbrush 		et to hold	 2 bottles of sunscreen 1 box of tissue 1 stick of deodorant Insect repellant 		
ESSENTIAL ITEMS			_		
☐ Flashlight and Batterie ☐ Sleeping bag (for cano trips)	e Labelled.	ttles CLEARLY for canoe trips t need)	Letter writin Small knaps	ng materials sack	
OPTIONAL ITEMS	· Cmall parcan	al hattory	☐ iPod shuffle	e/music player	
☐ Sports equipment ie to racquet, baseball glov hockey stick		☐ Small personal battery- operated fan☐ Books, games, costumes		(for music only – see our Tips for Parents and electronics policy for rules)	
☐ Inexpensive camera	☐ Books, games				
NOT ALLOWED					
CELL PHONES	KNIVES OF ANY KIND	PACKING CUBES	SHELF L	INERS/BAGS	